



## Southeastern Ohio Center for Independent Living Communication Pulse...

November 2020



### Not Everything is Cancelled

Sunshine is not cancelled  
Fall is not cancelled  
Love is not cancelled  
Relationships are not cancelled  
Reading is not cancelled  
Naps are not cancelled  
Devotion is not cancelled  
Music is not cancelled  
Dancing is not cancelled  
Imagination is not cancelled  
Kindness is not cancelled  
Conversations are not cancelled  
Hope is not cancelled  
~ by Glam

### Application for COVID-19 Assistance for People with Disabilities

#### Southeastern Ohio Center for Independent Living (SOCIL):

Assisting Individuals with Disabilities and Their Families

Fairfield County: (740) 689-1494

Hocking County: (740) 380-1475

Hours: 8:30 a.m. to 4:30 p.m.

SOCIL believes that people with disabilities have the right to choices and opportunities in society that support and maximize their empowerment, inclusion, leadership, independence, and full participation in community life. Centers for Independent Living are unique in that we serve the consumers of our community specifically related to their needs. Due to COVID-19, there is the necessity for CIL'S to provide an even more unique and direct response to our community than ever before.

Beginning Monday, November 16, 2020, SOCIL will begin taking applications from eligible people with disabilities who need assistance obtaining food, PPE (Personal Protective Equipment), or other essential household items. SOCIL will also consider requests to secure technology devices or software, utility assistance, or transportation assistance. SOCIL will approve the applications based on need. Applicants will be required to submit all requested documentation. Incomplete applications will not be considered, no exceptions.

The Americans with Disabilities Act (ADA) defines disability as "Any physical or mental impairment that substantially limits one or more major life functions with or without mitigating measures".

**Drug Use:** Casual drug use is not a disability under the ADA. Only individuals who are addicted to drugs, have a history of addiction, or who are regarded as being addicted have an impairment under the law. For an individual's drug addiction to be considered a disability under the ADA, it would have to pose a substantial limitation on one or more major life activities. In addition, the individual could not currently be using illegal drugs.

**Cancer:** Cancer is not always considered a disability. Cancer is covered under the ADA if it prevents or makes it extremely hard to do everyday tasks such as household chores, bathing, and brushing your teeth.

Any condition that is brief in nature and has a recovery is NOT considered a disability under the ADA. The condition must be permanent to qualify as a disability under the ADA. Conditions that are in remission are covered if the condition substantially limits

one or more major life activities when active.

Who can apply:

- Individuals with disabilities or Guardians of PWD (People with Disabilities)

All applicants are required to provide the following documents:

- Proof of Identity
- Proof of current Address
- Proof of Disability

Documents accepted as proof of disability are as follows:

- Statements or letters from a physician, medical or mental health professional (on their letterhead)
- Statements, records, or letters from a Federal Government agency that issues or provides disability benefits
- Statements, records, or letters from a State Vocational Rehabilitation Agency counselor

In addition, the following documentation may be required in order to apply for assistive technology devices or software, utility assistance, or transportation assistance:

- Utility statements, past, or present
- Most recent bank statement
- Quote for the cost of the device or software
- Explanation as to how this assistance will allow you or the beneficiary to remain or become independent

If the applicant is not able to submit all of the required documentation within reason, they should contact the SOCIL Executive Director for further assistance. All applications will be reviewed in the order in which they are received.

Beginning Monday, November 16<sup>th</sup> to request a paper application, contact SOCIL by phone or you can visit [socil.org](http://socil.org) to download an electronic application.

## Sports and Exercise Opportunities:

### Adaptive Basketball



Basketball season is just around the corner...Mark your calendars! Practices begin Monday, December 7th. Basketball is for anyone age 8 and up with a disability and is free to participate.

See [FLYER](#) for more details and how to register.

Check out the following flyers for more opportunities:

- [Cornhole](#)
- [Disc Golf: All Abilities or Veterans](#)
- [Boccia: Hocking County & Fairfield County](#)
- [Pickleball](#)
- [Wheelchair Football](#)

### App Corner

**Khan Academy** is great for teaching High Schoolers who are struggling with math and science key concepts. But it's not just math that makes Khan Academy cool; it's how the lessons are presented that provides a true multi-sensory experience. The app is loaded with over 3,500 videos on a variety of math and science topics. The way the videos are presented is truly unique. The narrator talks the user through while writing the lesson out, which in terms of math and science is invaluable. One is able to see how equations come to life and how to solve more complicated processes. The app is easy to use, search and learn from.

**Price:** FREE **Devices:** iPad



## Fairfield County 211 - Holiday Help

**HOLIDAY HELP IS AVAILABLE!** If anyone needs help for the holidays, please have them call Fairfield County 2-1-1. Help is available for Thanksgiving food, Christmas food, and Christmas gifts. Most programs operate on a first come, first serve basis so we encourage folks to call now to find a program that best suits their needs. Also, if you would like to Adopt-A-Family, donate (items or money), or volunteer this holiday season, call 2-1-1!

Jeannette Curtis; CIRS, CRS, Executive Director, Fairfield County 2-1-1



### Community Activities, Classes & Support Groups

**NOTE: Due to Fairfield County back in COVID-19 RED level, Fairfield County District and Pickerington Libraries in-person service is postponed - curbside still available.**

**(Currently All Groups are on Hold)**

#### Self Advocacy Groups

**"Abilities United"** 3rd Wednesday of the month at Logan SOCIL office  
3:00-4:15pm. Contact SOCIL, at 740-380-1475

**"Dynamite Abilities"** 3rd Wednesday of the month at Hope Center, 10:00am  
contact Scott Campbell of SOCIL, at 740-689-1494 ext. 15 or  
[scottcsocil@gmail.com](mailto:scottcsocil@gmail.com) See [flyer](#) for more details.

**"Speak for Yourself"** 1st Friday of the month at Fox Family Y in Lancaster  
from 6:00 - 7:00pm. Contact Rejeanna Smith at [rejeannasmith889@gmail.com](mailto:rejeannasmith889@gmail.com)  
for more information.

**Alzheimer's Caregiver Support Group** -2nd Wednesday of each month 1:30 -  
3:00 pm Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for  
more details.

**Parkinson's Support Group** - 3rd Wednesday of each month 1:00 - 2:30 pm  
Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

**What's Next?** - Understanding Alzheimer's & Dementia - Caregiver Educational  
Group - 3rd Monday of each month from 1:00 - 3:00 pm Location: Lancaster SOCIL  
office. See [flyer](#) for more details.

### Now there are 2 ways you can support SOCIL



AmazonSmile is a simple way for you to support SOCIL everytime you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that Amazon will donate 0.5% of your eligible purchases to SOCIL. [Click here for more information on how to select SOCIL to receive your donations.](#)

**AmazonSmile** customers can now support **Southeastern Ohio Center for Independent Living** in the Amazon shopping app on iOS and Android mobile phones! Simply follow these instructions to turn on **AmazonSmile** and start generating donations.

1. Open the Amazon Shopping app on your device
2. Go into the main menu of the Amazon Shopping app and tap into 'Settings'
3. Tap '**AmazonSmile**' and follow the on-screen instructions to complete the process.



By doing your regular grocery shopping at **Kroger** you could **help SOCIL earn funds** to conduct activities, such as Adaptive Sports, Kids In College Scholarships, peer support groups, and more? By registering your Kroger card in the **Kroger Community Rewards program**, each time you shop and scan your card, SOCIL will receive a percentage of your purchase amount. [Click here for easy instructions on how to register your Kroger card.](#) Ask your family and friends to assist us too!

**Thank you!**



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**Our mailing address is:**

Southeastern Ohio Center for Independent Living  
418 South Broad Street  
Lancaster, Ohio 43130

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