



## Southeastern Ohio Center for Independent Living Communication Pulse...

August 2020

SOCIL is here to assist individuals and families with disabilities through these difficult times. If you could use assistance with food expenses or if you need access to technology (laptops or iPad) to be able to meet virtually with your doctor, complete your class assignments, look for jobs or housing, SOCIL can help with items from our lending library.

Contact us in Fairfield County at 740-689-1494 or Hocking County at 740-380-1475 for more details.

- [CARES Act Personal Care Assistance Flyer](#)
- [Technology Assistance/Loan Closet Flyer](#)

### Come join us for some fun and exercise!

#### Virtual Fit Friday Exercise Classes



SOCIL will be hosting a virtual exercise class on Fridays from 2:30pm to 3:30pm. Classes are open to anyone with a disability and are free to participate.

See [FLYER](#) for more details and how to register.

#### Disc Golf

Disc Golf is a fun outdoor sport that is therapeutic and helps you get out and enjoy the outdoors. You can play no matter your disability or athletic ability. Fun for all ages and can be competitive. There are 2 different upcoming sessions.

- Group One is open to **all persons with a disability**.
  - Tuesday's from 10:00 am - until finished
- Group Two is open to **all veterans with a disability**.
  - Thursday's from 10:00 am - until finished.



See the attached flyers for more information and playing locations. [All Abilities](#) or [Veterans](#) Or call Jeff Williams at 740-689-1494 ext. 13

### Answer a few questions to make a world of difference!



Disability Rights Ohio (DRO) strives to provide support to as many people as possible. In order to maximize our impact with the resources available, we seek community input every year to focus our priorities on issues where we can

have the most effective impact.

**We need you to participate in this year's DRO priority survey.** Your input will help us shape our work in the year ahead. The survey should take 5-10 minutes to complete. The survey will close on Sunday, August 19 at 11:59 pm. If you would like a paper copy of the survey, please contact our Intake Team at 614-466-7264 or 1-800-282-9181, press option 2, and leave a voicemail.

Each participant can enter to win one of four \$25 Amazon gift cards. Click the link to get started. We couldn't do it without you! [Take the Survey](#).

## Lancaster-Fairfield Public Transit now has Cashless Mobile Ticketing App

LFPT has launched EZfare, an app-based, cashless, fare payment solution that will make riding public transit easier and more convenient than ever before. The app is available as a free download from both the App Store and Google Play and will enable customers to purchase fares and travel to their destinations with just a few touches and swipes of their smartphone or tablet screen. Detailed information about the app and download links may be found at [www.EZfare.us](http://www.EZfare.us) See [News Release](#) for more details.



**Deadline to register is October 5, 2020 to be able to vote in General Election on November 3, 2020**

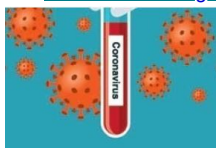


## All About Accessibility: Working from Home

The [Microsoft Accessibility Blog](#) offers tips for working remotely. Read the blog to learn from others with disabilities, find tips for leveraging technology, and reach out to the Microsoft Disability Answer Desk.

## Trusted Coronavirus Information

For trusted information on coronavirus (COVID-19) in Ohio, visit [coronavirus.ohio.gov](http://coronavirus.ohio.gov) or call 1-833-4-ASK-ODH (1-833-427-5634). Available



information includes [COVID-19 Minority Health Testing, Testing Sites](#) (including pop-up testing sites), [Video: I Believe – Face Masks](#), [Video: I Believe – Social Distancing](#), and [Video: Up to Us](#).

## Google Lookout - All About Accessibility

Google Lookout is an Android app that identifies objects for people with **visual disabilities**. The app uses artificial intelligence to identify objects through a phone's



## Community Activities, Classes & Support Groups

**Area Libraries returning to Curbside pickup - Click on the following links for more details:**

- [Fairfield County District Library](#)
- [Pickerington Public Library](#)
- [Logan-Hocking Public Library](#) - currently still open/see details

**(Currently All Groups are on Hold)**

### Self Advocacy Groups

**"Abilities United"** 3rd Wednesday of the month at Logan SOCIL office  
3:00-4:15pm. Contact SOCIL, at 740-380-1475

**"Dynamite Abilities"** 3rd Wednesday of the month at Hope Center, 10:00am  
contact Scott Campbell of SOCIL, at 740-689-1494 ext. 15 or  
[scottcsocil@gmail.com](mailto:scottcsocil@gmail.com) See [flyer](#) for more details.

**"Speak for Yourself"** 1st Friday of the month at Fox Family Y in Lancaster  
from 6:00 - 7:00pm. Contact Rejeanna Smith at [rejeannasmith889@gmail.com](mailto:rejeannasmith889@gmail.com)  
for more information.

**Alzheimer's Caregiver Support Group** -2nd Wednesday of each month 1:30 -  
3:00 pm Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for  
more details.

**Parkinson's Support Group** - 3rd Wednesday of each month 1:00 - 2:30 pm  
Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

**What's Next?** - Understanding Alzheimer's & Dementia - Caregiver Educational  
Group - 3rd Monday of each month from 1:00 - 3:00 pm Location: Lancaster SOCIL  
office. See [flyer](#) for more details.

## Now there are 2 ways you can support SOCIL



AmazonSmile is a simple way for you to support SOCIL everytime you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com) you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that Amazon will donate 0.5% of your eligible purchases to SOCIL. [Click here for more information on how to select SOCIL to receive your donations.](#)

**AmazonSmile** customers can now support **Southeastern Ohio Center for Independent Living** in the Amazon shopping app on iOS and Android mobile phones! Simply follow these instructions to turn on **AmazonSmile** and start generating donations.

1. Open the Amazon Shopping app on your device
2. Go into the main menu of the Amazon Shopping app and tap into 'Settings'
3. Tap '**AmazonSmile**' and follow the on-screen instructions to complete the process.



By doing your regular grocery shopping at **Kroger** you could **help SOCIL earn funds** to conduct activities, such as Adaptive Sports, Kids In College Scholarships, peer support groups, and more? By registering your Kroger card in the **Kroger Community Rewards program**, each time you shop and scan your card, SOCIL will receive a percentage of your purchase amount. [Click here for easy instructions on how to register your Kroger card.](#) Ask your family and friends to assist us too!

**Thank you!**



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**Our mailing address is:**

Southeastern Ohio Center for Independent Living  
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Lancaster, Ohio 43130

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