

Cook Club 2020

Live Healthy Appalachia and Southeastern Ohio Center for Independent Living (SOCIL)
Cook Club schedule for 2020!

Upon completing these classes, participants will:

- Have increased knowledge of kitchen safety
- Make informed decisions about what they are eating
- Learn how to use cooking tools to make and enjoy different recipes



When: 4th Tuesday of each month

January 28, 2020

February 25, 2020

March 24, 2020

April 28, 2020

Time: 3:00 – 4:00 p.m.

Location: SOCIL 1369 E. Front St. Logan, Ohio

For more information or to register

Contact Michael at SOCIL 740-380-1475

*"Request transportation assistance or accessibility accommodations upon registration.
Request must be made one week prior to the meeting date."*

**Please have ride pick you up within 10 minutes of end of class.
If unable please call SOCIL to let us know you will be late.**