

**SOCIL Invites
Individuals from 8 years to
Young Adults to come**

**Be in
the Game
and
Part of
the Team!**



Adaptive Sports Program

offers **2 adaptive sports programs** for individuals with disabilities to have fun and focus on their abilities!

Adaptive Basketball begins in December!

MONDAY'S from 5:00 -6:00pm

December 3, 10, 17; January 7, 14, 28; February 4, 25

15663 State Route 595 • Logan (Gym at Hocking Valley Industries)

Participating in adaptive basketball is not only fun, it also helps improve endurance, balance, strength, coordination, range of motion, and socialization.

SOCIL thanks Hocking Valley Industries for the use of their gymnasium and all volunteers!

Adaptive Boccia practices and games start in the Spring 2019!



Southeastern Ohio
Center for Independent Living
www.socil.org

To register contact:

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