

**SOCIL Invites  
Individuals from 8 years to  
Young Adults to come**

# **Be in the Game and Part of the Team!**



## **Hocking Adaptive Sports Program (HASP)**

offers **2 adaptive sports programs** for individuals with disabilities to have fun and focus on their abilities!

## **Adaptive Basketball begins in December!**

**MONDAY'S from 5:00 -6:00pm**

**December 4, 11, 18; January 8, 22, 29; February 5, 12, 26**

**15663 State Route 595 • Logan** (Gym at Hocking Valley Industries)

Participating in adaptive basketball is not only fun, it also helps improve endurance, balance, strength, coordination, range of motion, and socialization.

**SOCIL thanks** Hocking Valley Industries for the use of their gymnasium and all volunteers!

**Adaptive Boccia practices and games start in the Spring 2018!**



Southeastern Ohio  
Center for Independent Living  
[www.socil.org](http://www.socil.org)

To register contact:

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