

Save the Date

Wednesday, September 16, 2009

9:00 - Noon

Or

1:00pm - 4:00pm

Assistive Technology Workshop

Highlights:

- *Speaker: Mike Moats, LEAP Asst. Tech. Mgr.*
- *Vendors: Variety of AT Demonstrations*
- *CEU's: Pursued*

Sessions
are
FREE

Location:

Liberty Center
955 Liberty Drive
Lancaster, Ohio

Sponsored by:



To register call
740-689-1494

Co-sponsored by:
Fairfield County MRDD
Fairfield County Transition Initiative

SOCIL MISSION STATEMENT

Our mission is to offer opportunities to consumers with disabilities that will maximize their choices to live in accessible communities.

We are dedicated to eliminating all barriers to access in the community, including housing, employment, transportation and recreation.

REMINDER:

With the summer heat don't

forget that

Tiki Swimming Pool

Is

ACCESSIBLE!!

1475 Tiki Lane

Lancaster, Ohio

740-687-6654

FREE Assistive Technology Resources
www.ocali.org/pdf/Free_AT_Resources_Websites.pdf
http://wac.osu.edu/conferences/emrc08/free_at.html

Inaccessible Websites

Inaccessible Web sites have been the target of lawsuits in recent years, which may be reason enough to insure your Web site is accessible.

However if you are an employer or organization that receives federal financial assistance then you are required under Section 504 of the Rehabilitation Act to insure full access.

The Rehabilitation Act of 1973 was the first major legislative effort to secure an equal playing field for individuals with disabilities.

In addition, under the Americans with Disabilities Act (ADA), there are two major sections that may apply to Web accessibility. These are **Title II** which states that communications with persons with disabilities must be "as effective as communications with others" and **Title III** which deals with public accommodation of people with disabilities.

There are basically two approaches for making website content and navigation accessible. Certain types of inaccessible data and features need to be avoided or alternative methods need to be provided.

Avoid attention-grabbing flickers which can induce seizures; screen layout that changes from one page to the next; and cluttered webpage's. Instead **provide** universal design principles that assist both people with and people without disabilities. For example, use clear and simple language and navigational mechanisms to facilitate use by those whom English is a second language as well as people with visual and learning disabilities. Text descriptions benefit people who have turned off support for images on their browsers as well as people who are blind. Similarly, people who cannot view the screen because they must attend to other tasks benefit from text-to-speech systems used by people who are blind. Captions provided on video assist people who work in noisy or noiseless surroundings, people for whom English is a second language, and people who have hearing impairments. Making sure that information conveyed with color is also available without color benefits those using monochrome monitors as well as those who are colorblind.

For more information about website accessibility contact SOCIL at 689-1494.



The 2009 Ohio Wheelchair Games were held May 14th, 15th & 16th in Columbus.

There were 11 local "Wheels of Fire" athletes that participated. Some events included track and field, boccia, air guns, bowling and handcycling. 2009 results and pictures will be available soon on the Ohio Wheelchair Sports Associations website at <http://www.ohwcsports.org/>

Congratulations Athletes!



Check out this great website !

universal design for kitchens and bathrooms:

<http://ehe.osu.edu/ud/ud-video.htm>



The deadline for registering to vote in the November 3rd General Election is October 5th. Contact SOCIL for a registration form or to set up a voter registration table at your business or event.

What is Ticket to Work?

The Ticket to Work Program connects individuals who are at least 18 yrs old and have a Disability Determination with employment service providers to obtain services and resources to find and maintain employment while maintaining their benefits. Visit www.socialsecurity.gov for additional information or call SOCIL at 740-689-1494 or 740-380-1545 Ext. 246

Identity Theft

Identity theft starts with the misuse of your personally identifying information such as your name and Social Security number, credit card and banking information. Skilled identity thieves use a variety of methods to steal your personal information.

- Dumpster Diving – They rummage through trash looking for bills or other paper with your personal information on it.
- Skimming – They steal credit/debit card numbers by using a special storage device when processing your card.
- Phishing – They pretend to be financial institutions or companies and send spam or pop-up message to get you to reveal your information.
- Old-Fashioned Stealing – They steal wallets, purse, mail, bank & credit card statements and tax information.

Once your identity has been stolen, the thieves can use your information to open new credit card accounts, set up utility and cable services, open a bank account and write bad checks ruining your good name and credit standing.

Monitor your accounts and statements monthly. If you notice anything suspicious contact your bank or credit card company immediately. You can receive a free credit report annually by calling 1-877-322-8228 or going to www.AnnualCreditReport.com.

For more information visit the Federal Trade Commission website at www.ftc.gov.

High School Transition

Do you or somebody you know have a disability and are planning to transition from high school to post-secondary education or into the community? Southeastern Ohio Center for Independent Living (SOCIL) now has a manual available to assist you in the transition process. The Transition Manuals are available from the Homepage of our website for both Fairfield and Hocking Counties at www.socil.org.

Disability-Related Scholarships are also available. Call 740-689-1494 or 740-380-1545 Ext. 246 to get a list mailed or emailed to you.

Website for College-bound Students with Disabilities
<http://www.going-to-college.org>

Nursing Home Transition

Are you able to live independently but don't know where to turn to get the help you need to get back out into the community? SOCIL offers transition services by helping you find suitable housing, home health care, transportation, and a variety of other support services you will need.

Do you have questions about HOMEChoice and eligibility criteria? Check out this website:
<http://jfs.ohio.gov/OHP/consumers/HOMEChoice.stm>

For a Transition Relocation Workbook go to:
http://jfs.ohio.gov/OHP/consumers/docs/relocation_handbook.pdf

SOCIL can help with **Transitions**
740-689-1494 or 740-380-1545 Ext. 246

Direct Express Card

Social Security and SSI recipients can receive their monthly benefits on the DIRECT EXPRESS CARD.

It's Safe, Easy & Convenient. Your money will be automatically deposited to your card account on your payment day. Call 1-877-212-9991 to enroll or visit www.USDirectExpress.com for more details.



ADDRESS SERVICE REQUESTED

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Toll Free: (888) 957-6245
Email: socil@sbcglobal.net
www.socil.org

Please contact SOCIL to add/remove recipients from our mailing list

Alternative formats of this Newsletter are available upon request

SOCIL is funded by a grant from the Department of Education, however the contents of this newsletter do not necessarily represent the policy of the Department of Education and you should not assume endorsement by the Federal Government.



"Access Is Opportunity"

Gaining Back Independence (GBI)

- **Thurs., June 25th** -12-2pm - Picnic at Mingo Park . Bring your own lunch and board game.
- **Thurs., July 23rd** - 2-3:30pm - What you can do to make your life more accessible.
- **Thurs., August 27th** - 2-3:30pm - Nutrition - Learn about healthy eating habits.
- **Thurs., September 24th** -12-2pm - Pizza Party & Project Planning

EMPACT

Assess your Stress

- Thurs., June 18th, 6-7:30pm - Fairfield County
- Thurs., June 25th, 6-7:30pm - Hocking County

Financial Planning for your Child with a Disability

- Thurs., Sept. 17th, 6-7:30pm - Fairfield County
- Thurs., Sept. 24th, 6-7:30pm - Hocking County

Call Mary at 740-380-1545 Ext. 246 for meeting locations and to register for GBI & EMPACT

Survival Signs

Basic Sign Language Classes
Wednesday, August 5th, 12th & 19th 6-8pm
at Hocking County MRDD
Call Mary at 740-380-1545 Ext. 246 to register

Independent Living Classes

Nutrition

Wednesday, June 17th, 24th & July 1st 6-7pm

Basic Money Management

Wednesday, July 8th, 15th & 22nd 6-7pm

Call Lisa at 740-689-1494 to register

Other classes to be offered:

- **Self Advocacy**
- **Emergency Preparedness Workshop**
- **Basic Computer**

To register for any of these **free** classes call 740-689-1494 or 740-380-1545 Ext. 246